

Kindergarten Education Scheme

School-based Learning Activity of Chinese Culture

Display Form

Pentecostal Church of Hong Kong Tai Wo Nursery School

Name of School

2024-2025

School Year

K2 - K3

Grade Level

Name of Activity

Shaolin Kung Fu Experience at School

Objective(s)

- Deepen children's understanding of Shaolin martial arts culture
- Master Shaolin warm-up exercises and basic boxing techniques
- Establish children's recognition and respect for Chinese culture

Brief Descriptions:

Our school has invited a Shaolin martial arts team to conduct demonstrations and teaching sessions. The activity aims to promote traditional Chinese culture by introducing cultural background, martial arts theory, warm-up exercises, and basic technique training, allowing students to learn about the history and spirit of Shaolin Kung Fu, and enhance their physical and mental well-being through practice.

Record of Activity (E.g. Children's Work / Photos / Videos of the activity)



